

February 2019

Mt Everett Regional School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Alternative Lunches
				1 Grilled Cheese and Tomato Soup with W.G. Cookie	Monday-Wednesday-Friday Fresh Baked Pizza Tuesday-Thursday Chicken Patty Sandwich Daily-Deli Sandwich or Chef Salad
4 French Toast Sticks or Pancakes with Sausage	5 Baked Macaroni and Cheese	6 Cheese, Vegetable, or Chicken Bacon Ranch Pizza	7 General Tso's Chicken with Brown Rice	8 Spicy Chicken Patty with French Fries	
11 Ravioli with Marinara	12 Taco Salad	13 Hot Dog with Baked Beans	14 Pasta Bar Marinara, Alfredo, Bolognese	15 Hamburger or Cheeseburger with Garlic-Parm French Fries	Daily Variety of Fruits and Vegetables ~Apple, Orange, Banana, Special Fruit ~Mesclun, Broccoli, Cauliflower, Tomato, Cucumber, Carrot, Celery
18 Mid-Winter Break	19 Mid-Winter Break	20 Mid-Winter Break	21 Mid-Winter Break	22 Mid-Winter Break	Lunch Prices Paid-\$3.10 Reduced -\$0.40 Milk-\$0.50
25 Pasta with Meatballs and Marinara	26 Hamburger or Cheeseburger with Garlic-Parm French Fries	27 Sweet and Sour Chicken with Brown Rice	28 Grilled Cheese and Tomato Soup with W.G. Cookie		Make Sure to Complete Your Free and Reduced Application for School Year 2018-2019



"This institution is an equal opportunity provider"